

# LINDSEY LOTT SCHOENFELD, RDN

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## OBJECTIVE

To enhance the health of individuals through nutrition education and culinary experience.

## EDUCATION

|   |      |
|---|------|
| Culinary Arts Certificate / Culinary School of Fort Worth | 2010 |
| Dietetic Internship                                       | 2007 |
| Bachelor of Science in Nutrition / Texas A&M University   | 2006 |

## EXPERIENCE

### **Culinary Solution Centers, LLC**

K-12 Culinary Team Consultant August 2015-present

- Culinary educator providing interactive culinary skills training to K-12 school nutrition professionals in quantity food production including presentation, efficiency, quality and consistency, food safety, adherence to standardized recipes, and culinary techniques.
- Technical writer and developer of K-12 school nutrition educational materials.
- Quantity, standardized recipe development for use in school meal programs. Special projects include NC K-12 Culinary Institute, NC Dept. of Agriculture Farm to School, Starkist®, & Y-pulse®.
- On-site kitchen operational evaluations for streamlining and optimizing school meal programs.

### **To Taste Culinary Nutrition, LLC**

Co-Founder & Culinary Nutrition Consultant August 2014-present

- Create family friendly recipes for the Blue Zones Project Fort Worth, Fit Worth and totaste.com.
- Develop and conduct community cooking demos.
- Develop and conduct kids cooking classes.
- Blog, write, and promote nutrition and the culinary arts.
- Developed and conducted numerous single and multi-day workshops for The Texas Department of Agriculture's Meal Appeal Universities.
- Developed and conducted single day workshops at the local school district level.
- Engineered standardized K-12 compliant recipes for California Dried Figs.

## PREVIOUS EXPERIENCE

|  |                       |
|--|-----------------------|
| <b>Lovejoy Independent School District</b><br>Director of Student Nutrition      | July 2013-August 2014 |
| <b>Mesquite Independent School District</b><br>Dietitian                         | April 2012-July 2013  |
| <b>Lovejoy Independent School District</b><br>Nutrition Coordinator & Supervisor | May 2010-April 2012   |
| <b>Dallas Independent School District</b><br>Operations Specialist               | May 2008 – May 2010   |

## AFFILIATIONS

Academy of Nutrition and Dietetics Food and Culinary Professionals Practice Group

## ADDITIONAL

ServeSafe® Certified