

CATHERINE H. STROHBEHN, PHD, RDN, CP-FS

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SUMMARY

Dr. Catherine Strohbehn has over 35 years of experience as classroom teacher, researcher, and extension educator in the areas of foodservice management with a focus on food safety and local food systems, including produce safety and farm to school. School nutrition personnel have been a key audience in her work. She has directly reached thousands of individuals locally, nationally, and internationally through her presentations and has authored or co-authored over 60 articles in peer-reviewed journals. Cathy has mentored many graduate students who work within school nutrition. She is the current Editor of the Journal of Child Nutrition and Management. Cathy has actively supported K-12 education in her community by serving as PTO President for 3 years and School Board member for 6. She is fully committed to improving school health environments by working with school nutrition programs.

EDUCATION AND CREDENTIALS

PhD	Iowa State University	1991
MS	Iowa State University	1981
BS	Texas Tech University	1979

- Registered Instructor and Proctor: #652376 ServSafe® National Restaurant Association Educational Foundation
- Certified Administrator: #6670, National Registry of Food Safety Professionals
- Produce Safety Alliance Lead Trainer #1187
- Registered Dietitian: #621429, Academy of Nutrition and Dietetics

PROFESSIONAL EXPERIENCE

Chef Cyndie K-12 Culinary Team

Since August 2012

- Technical writer and developer of school nutrition educational such as the North Carolina K-12 Culinary Institute and Teach It Forward modules.
- Consult with school districts on HACCP plan development and updates through SFS Pac partnership

Iowa State University State Extension Specialist/ Adjunct Professor Hospitality Management

2006 - present

- Collaborate with state agency to provide summer training for school nutrition personnel (i.e. HACCP workshops and Team Nutrition resources).
- Provide oversight of Iowa State University's Food Safety Project web site
- Co-coordinate North Central Regional Center for FSMA Compliance

PREVIOUS PROFESSIONAL EXPERIENCE

- Adjunct Assistant Professor, Associate Professor, Instructor,
Hotel, Restaurant, and Institution Management 1986 – 2006
- Taught undergraduate and graduate level courses on foodservice management topics (Purchasing, Equipment, Sanitation and Safety, Quantity Food Production and Human Resources)
- Assistant Manager Department of Residence
Iowa State University Dining 1982 – 1986
- Trained and supervised foodservice staff in dining unit serving 1,000 students each day.
- Assistant Manager, SAGA Foodservice,
Central Missouri State University 1981 – 1982
- Planned and supervised staff preparing and serving at catering events.

PUBLICATIONS (SELECTED, RECENT)

- Strohbehn, G. & Strohbehn, C.H. Plate Waste in the National School Lunch Program: Root Cause Analysis, Review, and Policy Implications. *Journal of Foodservice Management Education*, In Press
- Dzubak, J., A. Shaw, C. Strohbehn, L. Naeve, and J. Johnson. Food safety education for students and workers in school gardens and university farms. *Journal of Extension*, 53(6) (15161TOT)
- Strohbehn, C.H., Strohbehn, G., Lanningham-Foster, L., Litchfield, R., Scheidel, C., & Delger, P. Impacts of Scheduling Recess Before Lunch in Elementary Schools: A Case Study Approach of Plate Waste and Perceived Behaviors. *Journal of Child Nutrition and Management*, 40(1)
- Roy, A., Shaw, A., Rajagopal, L., Strohbehn, C.H., Arendt, S.W., & Sauer, K. Use of Minimal Text Posters to Improve the Microbial Status of Leafy Greens and Food Contact Surfaces in Foodservice Sites Serving Older Adults. *Food Protection Trends*, 36 (2).
- Arendt, S.W., Strohbehn, C.H., Jun, J. Motivators and barriers to safe food practices: Observation and interview. *Food Protection Trends*, 35(5)
- Klitzke, C. & Strohbehn, C.H. Foodservice Directors' perceptions of food defense in schools. *Journal of Child Nutrition Management*, 39 (1)
- Stokes, N, Arendt, S., & Strohbehn, C.H. Hourly employees' perceptions about farm to school program barriers and keys to success: Differences by state and lunch participation rates. *Journal of Foodservice Management and Education*, 9 (1), 1-11.
- Ungku Zainal Abidin, U.F., Arendt, S.W., & Strohbehn, C.H. Food Safety Culture in Onsite Foodservices: Development and Validation of a Measurement Scale. *Journal of Foodservice Management and Education*, 8 (1)
- Rajagopal, L., Strohbehn, C.H. College and university dining directors views on food allergen policies and practices in higher education settings. *The Journal of Foodservice Management and Education*, 5(1).

- Rice, B., Strohbehm, C.H., Arendt, S., Gregoire, M.B., & Shelly, M. Comparison of cooperative and non-cooperative purchasing in school foodservice programs. *Journal of Child Nutrition Management*, 32 (4).
- Strohbehm, C.H., Sneed, J. Paez, P., & Meyer, J. Handwashing frequencies and procedures used in retail food services. *Journal of Food Protection*, 71 (8), 1641-1650.
- Sneed, J., & Strohbehm, C.H. Trends impacting food safety in retail foodservices: Implications for dietetic practice. *Journal of American Dietetic Association*. 108 (7), 1170-1177.

PROFESSIONAL AFFILIATIONS

Academy of Nutrition and Dietetics
Foodservice Management Education Council
National Environmental Health Association
School Nutrition Association

HONORS

Most-downloaded FPT Publication Award. 2017
Beyer, K., Strohbehm, C.H. & Rajagopal, L. University Risk Management and Insurance Association Innovative Risk Management Solutions Award for SafeFood 101. (2016)
Preceptor Award for Excellence, Iowa State University Dietetic Internship (2015)
Mentorship Award, Provost Office, Iowa State University (2015)
Food Safety Educator of the Year, NSF International 2010
Career Achievement in Outreach, College of Human Sciences, Iowa State University 2009