



# Beverly Girard

Ph.D., MBA, MS

## Contact

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📍 Culinary Solutions Centers, LLC

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## Education

- Ph.D., University of South Florida: 2010
- Graduate Certificate, University of South Florida: 2003
- MBA, Nova University: 1991
- MS, Florida International University: 1986
- BS, Purdue University: 1981

## Summary

Beverly Girard is a coach and leader to many professionals in school nutrition, specializing in operational and financial management. Her firsthand experience and solution-based decision making provides an understanding of the challenges and opportunities in school nutrition operations. Having worked for many years with school nutrition professionals, she knows how to approach the specific adult training needs of staff.

Beverly has over thirty years' experience providing leadership, mentoring, and training for staff and dietetics students in school nutrition operations and management, quantity food production, nutrition education, and customer service.

## Professional Experience

K-12 Culinary Team Consultant  
Culinary Solutions Centers, LLC  
*August 2020 – Present*

- Educator providing interactive training to K-12 school nutrition professionals in financial management.
- Technical writer and developer of K-12 school nutrition educational materials, including Money Management for Managers and Summer Nutrition – Nourishing North Carolina's Kids
- Research specialist, including focus groups, development of survey instruments, and data analysis.

Founder/Consultant  
Leading Edge Training and Consulting, LLC  
*June 2019 – Present*

- Education and consulting services to state and local school nutrition programs and the school nutrition industry.
- Guest speaker and workshop presenter at national, state, and local conferences.
- Lead Consultant MyFUNDamentals® operational and financial management software for school meal programs.
- Curriculum and educational materials development for a variety of audiences, including FoodCorps School Nutrition Apprenticeship Program and Florida School Nutrition Association
- Research consultant with the Institute of Child Nutrition Applied Research Division.
- Teaching consultant with the Institute of Child Nutrition.

## Previous Professional Experience

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- Director of Food and Nutrition Services, Sarasota County Schools, Sarasota, FL (28 yrs)
- Dietetic Internship Director, Sarasota County Schools, Sarasota, FL (20 years)
- Food and Nutrition Service Area Specialist, Palm Beach County Schools (6.5 yrs)
- Food and Nutrition Services Area Specialist, Palm Beach County Schools (6.5 yrs)
- Dietitian, Imperial Point Medical Center, North Broward Hospital District, Fort Lauderdale, FL (3 years)
- Consulting Dietitian, Health Promotion Center, North Broward Hospital District, Sunrise, FL (1 year)

## Publications

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- Girard, B. (2013, Fall). Student-led change in child nutrition programs. *CN Solutions Update*.
- Girard, B. (2013, Spring). Leadership refined and redefined: recognizing the qualities of modern leaders. *CN Executive Guide*.
- Girard, B. (2013, January). Paid lunch equity? *Journal of Child Nutrition & Management*.
- Girard, B. (2012, Fall). In mentoring, benefits move both ways. *CN Solutions Update*.
- Girard, B. (2010, December). Teacher attitudes and perceived influence on school nutrition environments. *Doctoral Dissertation*.
- Girard, B. (2008). Collaborating for the benefit of the community. In Martin, J. & Oakley, C. (2008). *Managing Child Nutrition Programs*, 2nd ed., Jones and Bartlett Publishers, Sudbury, MA.
- Girard, B. (2008, Fall). Dietetic intern program helps market school meals. *CN Solutions Update*.
- Rampersaud, G., Pereira, M., Girard, B., Adams, J., & Metzler, J. (2005, May). Breakfast habits, nutritional status, body weight, and academic performance in children and adolescents. *Journal of the American Dietetic Association*.
- DeMicco, F. & Girard, B. (2000). *School Foodservice and Nutrition Specialist Internship Program*. The study served as a pilot program in the Philadelphia, PA, school district. The original SFNS program evolved into the School Nutrition Specialist master's program later offered at Texas Women's University and Framingham State University.
- Editorial advisory/reviewer for the following journals: *Journal of Child Nutrition and Management*, *Journal of Nutrition Education and Behavior*, *Journal of Foodservice Management and Education*, *International Journal of Environmental Research and Public Health*
- Quoted or featured in the following print media: *Politico* (for the American Heart Association), *The Education Digest*, *Food Management Magazine*, *Foodservice Director*, *CN Executive Update*, *School Nutrition*, *Nation's Restaurant News*, *Florida Department of Agriculture and Consumer Services*, *Vegetarian Journal*, *Sarasota Herald Tribune*, *St. Petersburg Times*, *Florida Times Union*, *Jacksonville*.