



# Susan Thompson

MS, RDN, LDN, SNS

## Contact

✉ [Susan@ChefCyndie.com](mailto:Susan@ChefCyndie.com)

📍 Culinary Solutions Centers, LLC

🌐 [www.ChefCyndie.com](http://www.ChefCyndie.com)

## Education

- School Nutrition Specialist, School Nutrition Association: 2017
- Certificate of Training in Childhood and Adolescent Weight Management, The Academy of Nutrition and Dietetics: 2006
- MS, Nutrition, East Carolina University: 1999
- Registered Dietitian Nutritionist (RDN), Commission on Dietetic Registration: 1995
- Culinary Arts Courses, Wake Tech College: 1990
- BS, Home Economics and Business Administration, Campbell University: 1974

## Affiliations

- Academy of Nutrition and Dietetics
- Commission on Dietetic Registration
- School Nutrition Association

## Summary

Susan Thompson brings 36 years combined experience in teaching, consulting and school nutrition supervision to the Chef Cyndie K-12 Culinary Team of Culinary Solution Centers, LLC. Her skills include developing and providing professional development for staff in school nutrition operations and management, food safety and Hazard Analysis Critical Control Point (HACCP) plan development, quantity food production and recipe analysis, nutrition education, catering, and merchandizing.

## Professional Experience

Consultant, Culinary Solutions Centers, LLC

*February 2021- Present*

Independent consultant and instructor responsible for a variety of professional activities:

- Collaborate for development and review of K-12 education and professional development resources.
- Review and conduct nutritional analysis of standardized, K-12 compliant recipes for Hawaii Department of Education (DOE), Utah DOE, Nasoya®, NC Sweet Potato Commission, NC Farm to School, Northwest Canned Pear Service, Kikkoman, Starkist, and others.
- Educational instructor for Money Management for Managers course.

## Previous Professional Experience

- School Nutrition Specialist, North Carolina Department of Public Instruction (15 yrs)
- School Nutrition Supervisor, Wake County Public Schools (12 yrs)
- Department Chair/Instructor, Food Service Management, Johnston Community College (12 yrs)